

ANIMAL, VEGETABLE, MIRACLE

A Year of Food Life

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SPINACH LASAGNA

1 lb. whole grain lasagna noodles

Prepare according to package directions

4 cups chopped spinach

Steam for 2-3 minutes, let excess water drain

16 oz. tomato sauce

2 cups fresh ricotta

2 cups mozzarella

Spread a thin layer of tomato sauce on the bottom of a large casserole. Cover surface with a layer of noodles, $\frac{1}{2}$ of the ricotta, $\frac{1}{2}$ of the spinach, $\frac{1}{3}$ of the remaining sauce and $\frac{1}{3}$ of the mozzarella. Lay down another layer of noodles, the rest of the ricotta, the rest of the spinach, $\frac{1}{3}$ of the sauce and $\frac{1}{3}$ of the mozzarella. Spread a final layer of noodles, the remainder of the sauce and mozzarella, bake uncovered at 350 for 40 minutes.

